

CANVAS FOR DESIGNING PERSONALIZED DEMENTIA CARE

LIFE HISTORY

How much do you know about me before I have dementia? For example, my hobbies, my profession, my hometown?



Are you able to talk to my family and friends to know more about me?

NEEDS AND BEHAVIOURS

What are my behaviours that you want to help me with? Could it be that I want to express my unmet needs? What are my unmet needs usually?



**A PICTURE OR A
DRAWING ABOUT
ME**

NON-PHARMACOLOGICAL INTERVENTIONS

Here are some therapies developed for people living with dementia like me. Unlike medications, the side effects of these interventions are low.

Music Therapy
Aromatherapy **Light Therapy**
Snoezelen Therapy Reminiscence Therapy
Technology-Assisted Therapy
Positive Image Therapy Simulated Presence Therapy
Animal-Assisted Therapy Cloning Therapy
Cognitive Stimulation Therapy
Exercise Therapy Storytelling Therapy
Outdoor Activity Therapy

What theories are these therapies based on? Can you use these theories in your project?

CAPABILITIES

What activities can I still do independently? What activities can I still do with little assistance? What other remaining capabilities do I still have?



CO-DESIGN INSIGHTS

What stimuli do I interact with the most? What make me laugh? What make me relaxed? What make me stressed? What make me sad? What make me bored? What make me engaged?



DATA INSIGHTS

What types of quantitative data do you have about me? What types of qualitative data do you have about me? How do they change within a day and over the days?

